



An Introduction to Climate Change -A one day course to introduce delegates to climate change and its impacts on the environment.

Course Aims

Many people talk about climate change, but few have more than a vague understanding of what it actually means for them in their business and personal lives. This course has been designed to impart a deeper understanding and appreciation of the basic principles and implications of climate change amongst delegates.

Approach Taken

The course approaches the topic in a solutions-oriented manner, showing how problems can be overcome. Delegates will look at the evidence and their impacts and what steps can be taken through adaptation and mitigation. Practical exercises challenge the thinking of delegates and embed a deeper understanding of the principles of sustainable development.

Course Contents

- 1. What is Climate Change?
 - This session introduces the concept of climate change and gives the delegates the opportunity to consider what their current lifestyles could have on it by reviewing their current carbon footprints.

- 2. The Evidence and Impacts.
 - By examining real cases, delegates will be able to explore the evidence of the impacts of climate change and in particular the effects of greenhouse gases on the global and local environments.

- 3. Is there a future for polar bears?
 - Polar Bears are the iconic symbol of the potential impact of climate change. This module explores how through adaptation and mitigation the future may not be as bleak as sometimes predicted.

- 4. Breaking the habit!
 - We are addicted to a carbon environment. Delegates will have the opportunity to consider 10 key challenges to develop their own personal and business strategies to reduce their impact on the environment. Delegates will apply these techniques to their own activities to develop an outline action plan for themselves, their department or the whole organisation.